

Seat No. _____

Enrollment No. _____

THE CHARUTAR VIDYA MANDAL UNIVERSITY
BACHELOR OF PHYSIOTHERAPY – SEMESTER 1
APRIL 2026 (REGULAR) EXAMINATION

Course Title: Introduction to Healthcare Delivery System in India

Course Code: BPT- 105

Total Printed Pages: 02

Date: 14/04/2026

Time: 10:00AM To 11:30AM

Maximum Marks: 40

Instructions:

1. There are total 4 Questions given in this paper.
2. All the answer should be written in the answer book.
3. Marks on the right side suggest the total marks of that question.
4. Draw the figure where necessary.

Q.1. Multiple Choice Questions: (MCQs) (05 × 1 = 05)

1. Which of the following healthcare levels serves as the first point of contact for patients?
 - a) Primary healthcare
 - b) Secondary healthcare
 - c) Tertiary healthcare
 - d) Super specialty care
2. Which of the following is the main aim of National Health Programmes?
 - a) Entertainment
 - b) Disease prevention and control
 - c) Business development
 - d) Education improvement
3. Which of the following systems uses the principle “like cures like”?
 - a) Ayurveda
 - b) Homeopathy
 - c) Unani
 - d) Siddha
4. Which of the following best describes the present health scenario of India?
 - a) Only communicable diseases
 - b) Only non-communicable diseases
 - c) Both communicable and non-communicable diseases
 - d) Only genetic diseases

5. Which of the following is included under vital statistics? .

- a) Epidemiology
- b) Birth and death rate
- c) AYUSH system
- d) Immunization

Q. 2. Short answers (5 out of 7) (Answer not exceeding 50 words) (5 × 2 = 10)

- a. Define healthcare delivery system and mention its main purpose in community health.
- b. Define National Health Mission (NHM) and state its primary objective in India.
- c. Define epidemiology and mention its importance in disease prevention.
- d. Define vital statistics and explain why they are important for health planning.
- e. What is immunization? Briefly mention its role in prevention of communicable diseases.
- f. Define demography and state its relevance in healthcare delivery system.
- g. What is community participation? Mention its importance in improving healthcare services.

Q. 3. Short Notes (3 out of 4) (Answer not exceeding 150 words) (3 × 5 = 15)

- a. Describe the health scenario of India in past, present and future.
- b. Explain principles of epidemiology.
- c. Describe AYUSH system of medicine.
- d. Write about National Health Policy.

Q. 4. Essay (1 out of 2) (1 × 10 = 10)

- a. Explain the National Health Programmes in India with their objectives and major features.
- b. Explain different modes of disease transmission with suitable examples.